

Temporary Crown or Dental Bridge Instructions

Temporary crowns and the temporary cements are designed to break or come off the tooth. This helps to protect the underlying tooth while the permanent restoration is being made. Fortunately, no harm will come to the tooth in the short term.

You may also feel some sensitivity to very cold and very hot food with a temporary crown in place. This is normal, but we highly recommend that you stay away from ice and allow hot food to cool before eating.

If your temporary crown becomes loose or comes off your tooth:

- 1) Save the crown.
- 2) Clean the inside of the crown and put the crown back on the tooth.
- 3) Call our office to have the crown re-cemented. Recementing the temporary crown will only take a few minutes.
 - a. If the crown is loose and you cannot visit our office, then use a very very small amount of denture adhesive as a temporary cement to help hold the temporary crown in place. You can purchase denture adhesive at any drug store.
 - i. Clean inside of crown.
 - ii. Orient the crown, so that you know how to put it on your tooth. Confirm the correct placement of the crown by lightly biting on your teeth. You should be able to evenly bite on all your teeth. If you cannot, then the temporary crown is not correctly placed on your tooth.
 - iii. Place a very very small amount of denture adhesive in the inside of the temporary crown.
 - iv. Place the temporary crown correctly on tooth. Press temporary crown onto tooth.
 - v. Use a folded tissue paper to firmly bite the temporary crown into place and hold that position for 30 sec.
- 4) Schedule an appointment to recement the temporary crown in place ASAP (as soon as possible). **IT IS VERY IMPORTANT FOR THE TEMPORARY CROWN TO REMAIN ON THE TOOTH.**

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