

June 12, 2010

I have suffered with all over pain for so many years I can't even remember when it began.

I have had migraine headaches since I was 16 years old, for which I take Trexmet for. Sometimes the migraines are so bad I have to take multiple doses. I wake up from a dead sleep to a full blown migraine. It then takes hours to rid myself of the pain. In the last 6 months, I have awakened to a migraine every day with varying degree of pain.

I also suffer from insomnia, either I can't fall asleep or keep waking up from all over pain. Since I am always in pain, I also suffer from chronic fatigue syndrome, depression & anxiety.

My other major complaint is reflux, heartburn, and upset stomach. I also have cramps in my hands from arthritis & love to crochet but it is too painful.

I have had 3 laser treatments, one every other day. After my first treatment, I slept all night, didn't wake up with a headache, my hips were tender but not inflamed. I had no heartburn. It was amazing! My energy level was off the charts. My daughter said with this new treatment she didn't think she was going to be able to stand me. I was so energetic! I have now gone a whole week with no migraine, no reflux and lots of energy. I have also almost finished an afghan for my niece with no pain in my hands or fingers.

In my opinion it is worth a try. I wouldn't have believed the results if it hadn't done it for myself. The amount of pain I have been in over the years is subsiding, and I can now see a whole new world opening up to me.

Lisa Curtis, Age 48

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Fri, May 6, 2011

In 1981, I met Dr. Lyon and Shirley. I was taken to him at the age of fifteen by my sister and mother because I was involved in a car accident whereby I was hit by a car while riding a bike. Back then, I did not realize that Dr. Lyon would remain my Chiropractor for over 30 years. Throughout the years, Dr. Lyon and Shirley have helped me with several ailments. Dr. Lyon would give me an adjustment and Shirley would give me a massage.

In 1990, I was diagnosed with Asthma. For several years, I would average about five to six hospitalizations per year, for weeks at a time, due to Asthma complications. I, like Shirley, am allergic to just about everything. In fact, for years, Shirley and I would be sick at the same time with similar issues. With Asthma complications, when one has a flare up, it becomes difficult to breath. Your chest and bronchioles become really tight with bronchial spasms throughout the chest, lung area and rib cage. Most times, the bronchial spasms become very painful as your airways get constricted. For those who do not know, a bronchial spasm feels like a "Charlie cramp" in the leg.

Throughout the years, I have made numerous appointments with Dr. Lyon. I average about one appointment at least every other week even if I am feeling okay. I strongly believe in health prevention treatments. Although she has never complained, I always looked forward to Shirley's massages after all the adjustments. Shirley's massage therapy always helps relax the bronchial, back and rib areas from the Asthma flare ups.

About two years ago, Dr. Lyon and Shirley purchased a laser therapy machine which gives deep tissue massage and can penetrate as far as 4-5 inches into the muscle and nerve areas. The laser machine can find scar tissue of old injuries and allow blood flow throughout those areas. Dr. Lyon and Shirley purchased this laser machine to help their patients deal with several ailments. Or perhaps they purchased the machine to save Shirley's massaging hands. Nonetheless, the laser treatments have been helping me have better breathing days. The machine has helped me have less pain in the chest, lung and rib cage areas. I highly recommend the laser treatments. I believe I am on my third package. By trying the laser treatments, Shirley's massaging hands can finally throw in the towel.

Sincerely,

Gabriela Aceves  
Life-Long Patient

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Sunday, September 25, 2011

I am an 81 year old woman with several health problems; back problems- degenerative disks, spinal stenosis, Parkinson's, and Diabetes.

I noticed a classmate in my water exercise class walking so much better and seemingly in less pain. I asked what she was doing and she was getting Laser Therapy at Dr. Billy Lyon's office.

I started Laser Therapy with Shirley Lyon and found the treatments were very helpful. I was able to lay down with less back pain after 1 treatment. Most of my improvement is noticeable only to me. But after 3 treatments my skin became more pink showing circulation improvement. The tremors in my hands and legs area are much less by 80-100%.

I plan to keep on taking Laser treatments and am excited to see what other improvements will occur in my health.

Dr. Lyon and his wife Shirley are caring people who really want to help people in pain. There was no pressure to take Laser treatments, but I am glad I took a package deal which gives me a nice discount on the treatment costs.

Melba Saucier