

I had excruciating pain in my right arm and hand for three weeks before consulting a chiropractor. I was unable to sleep or properly care for my family because of the pain. The chiropractor examined me and determined the problem was coming from a pinched nerve in my neck. He told me he would set up a series of adjustments for me. The care he gave was pain-free and I felt better after the first visit.

I was really surprised when I was able to sleep the night through without being awakened by pain. The next morning was equally surprising because my arm felt much better. I was told I was lucky to have such quick results since I had waited so long to seek care. I have chosen to continue care to correct my postural problems so the pain does not return but right now I am happy to be pain-free. I have told my neighbor to see my chiropractor for her back pain as I am sure he can help her also

*Maria - Baltimore, MD*

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