

Hyperbaric Oxygen Therapy

What is Hyperbaric Oxygen Therapy?

Hyperbaric Oxygen Therapy (HBOT) is a specialized therapy that uses an increase in atmospheric pressure to allow the body to incorporate more oxygen into blood cells, blood plasma, cerebral-spinal fluid, and other body fluids. Increasing proper oxygen levels in the body is a vital ingredient to health, physical stamina and endurance.

Who uses Hyperbaric Oxygen Therapy?

Athletes, a healthy individual looking to fight off aging, a recovering surgical patient, to any person with a neurological disorder (see list of conditions treated). Individual results may vary.

Conditions improved with Hyperbaric Oxygen Therapy:

- Autism
- Cerebral Palsy
- Multiple Sclerosis
- Parkinson's
- Stroke
- Fibromyalgia & Chronic Fatigue
- Non-Healing Wounds
- Seizures
- Surgery Recovery
- Headaches
- Allergies & Asthma
- Sports Injury
- Premature Aging
- Weight Loss
- Skin and Body Tone
- Energy Levels, Stamina & Endurance
- Stress and Anxiety
- Muscle Pain Relief
- Immune System & Kills Viruses

What are the effects of Hyperbaric Oxygen Therapy?

Some of the effects HBOT has are to promote the growth of new blood vessels, decrease swelling and inflammation, deactivate toxins, increase the body's ability to fight infections, clear out toxins and metabolic waste products, and improve the rate of healing.

What takes place during the 1st visit?

An initial visit to Body Doc will include a consultation, exam, tour of our facility, discussion of treatment protocol and finances. Expect your first visit to be about 60 minutes.

How long are the treatments and how many will I need?

Treatment times range from 60-90 minutes in the chamber. The condition of the patient will determine the amount and frequency of the treatment protocol.

What will I experience during Hyperbaric Oxygen Therapy?

The increase in atmospheric pressure feels very similar to flying in an airplane or scuba diving. We provide the following options for your HBOT treatments to allow for a comfortable and relaxing healing treatment:

- a change of loose comfortable clothing
- soft illumination to the optic senses
- acoustical oxygen enhancement music
- visual entertainment if needed



“Our mission at Body Doc is to bring our patients back to their best physical condition in a convenient, cost-effective and timely manner.”

-Dr. Vince Marcel