

Elyria Foot Clinic, Inc.
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Elyria, OH 44035
440-366-6029

Instructions and Restrictions for PVR Testing

You have been scheduled for a PADnet Test

A PADnet test is a 15-20 minute exam that allows us to measure the blood volume in your lower extremities by using a series of blood pressure readings. PADnet studies help doctors identify the presence, severity and location of the obstructive disease. This test can provide early detection of Peripheral Arterial Disease

You will be asked to lie flat on a table where several blood pressure cuffs will be placed on your arms and legs, including your toes. In order to obtain the most accurate readings, the cuffs must be placed directly on the skin, so short-sleeved, loose-fitting shirts and shorts are the most comfortable clothing options during the test. Each measurement will be taken one at a time and recorded into a computer database. A vascular specialist will interpret the study, and you will be called to setup a time to discuss the results of the procedure.

Instructions for PADnet Tests – Rest :

1. Please take **ALL** medications as usual – DO NOT hold any medications.
2. DO NOT smoke for four hours prior to the test.
3. Do not use any lotions or creams on your thighs, legs, or feet.
4. Blood pressure measurements will be taken on your arms and all the way down your legs, including your big toes.

You will be provided with a patient gown, but it is helpful if you bring a pair of shorts to wear during the test.