



### Child & Adolescent Initial Questionnaire

Appt. Date: \_\_\_\_\_ Referred By: \_\_\_\_\_  
Name (first, middle, last) \_\_\_\_\_ Preferred Name: \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Home Phone (\_\_\_\_) \_\_\_\_\_ Mom Cell (\_\_\_\_) \_\_\_\_\_ Dad Cell (\_\_\_\_) \_\_\_\_\_  
Social Security # \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_\_  Male  Female  
Mother's Name \_\_\_\_\_ Father's Name \_\_\_\_\_  
Email Address: \_\_\_\_\_

**1. Tell us about your pregnancy;**

Did you carry to full term?  Yes  No If not, how long? \_\_\_\_\_  
Describe any complications and when they occurred: \_\_\_\_\_

**2. Tell us about your delivery and birth of this child:**

Did you use a midwife?  Yes  No Were forceps used?  Yes  No  
Did you go to a hospital?  Yes  No Vacuum Extraction?  Yes  No  
Did you use an obstetrician?  Yes  No Were you induced?  Yes  No  
Did you have a C-Section?  Yes  No Did you have an Epidural?  Yes  No  
Was it a difficult birth?  Yes  No

What was the baby's **APGAR** Score? \_\_\_\_\_ At 5 minutes? \_\_\_\_\_

**3. Tell us more:**

Did you breastfeed?  Yes  No How long? \_\_\_\_\_ What formula after? \_\_\_\_\_  
Did you consume alcohol during your pregnancy?  Yes  No If so, how much? \_\_\_\_\_  
Did you smoke?  Yes  No If so, how much? \_\_\_\_\_ How long? \_\_\_\_\_  
Did you take any medication during your pregnancy?  Yes  No  
What type and for what? \_\_\_\_\_

Any exposures to ultrasound?  Yes  No How many? \_\_\_\_\_

**4. As a baby/toddler, (birth to 4 years), did any of the following occur?**

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Fall from a change table      | <input type="checkbox"/> Frequent crying spells     | <input type="checkbox"/> Play in a Jolly Jumper  |
| <input type="checkbox"/> Tumble down stairs            | <input type="checkbox"/> Frequent fevers            | <input type="checkbox"/> Frequent colds          |
| <input type="checkbox"/> Fall out of crib              | <input type="checkbox"/> Frequent bouts of diarrhea | <input type="checkbox"/> Frequent ear infections |
| <input type="checkbox"/> Involved in car accident      | <input type="checkbox"/> Constipation               | <input type="checkbox"/> Colic                   |
| <input type="checkbox"/> Fall off playground equipment | <input type="checkbox"/> Sleeping problems          | <input type="checkbox"/> Tonsillitis             |
| <input type="checkbox"/> Did not gain weight           | <input type="checkbox"/> Reaction to vaccination    | <input type="checkbox"/> Other: _____            |

Please explain the above: \_\_\_\_\_

**5. As a young child, (5-12 years), did any of the following occur?**

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Fall from a tree     | <input type="checkbox"/> Fall of a bicycle     | <input type="checkbox"/> Fall of playground equipment |
| <input type="checkbox"/> Sports accident      | <input type="checkbox"/> Car accident          | <input type="checkbox"/> Bed wetting                  |
| <input type="checkbox"/> Hyperactivity/Autism | <input type="checkbox"/> Learning difficulties | <input type="checkbox"/> Stomach pains                |
| <input type="checkbox"/> Asthma               | <input type="checkbox"/> Allergies             | <input type="checkbox"/> Leg/knee pains               |
| <input type="checkbox"/> Scoliosis            | <input type="checkbox"/> Other: _____          |   |

Please explain the above: \_\_\_\_\_

**6. List any vaccinations your child has had:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Any reactions to these?  Yes  No If so, which one? Please describe reaction: \_\_\_\_\_  
\_\_\_\_\_

**7. As a child or adolescent, has your child experienced any of the following:**

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Headaches       | <input type="checkbox"/> Numbness in arms/hands | <input type="checkbox"/> Foot/ankle/knee pains |
| <input type="checkbox"/> Dizziness       | <input type="checkbox"/> Arm/wrist pain         | <input type="checkbox"/> Tingling in arms/legs |
| <input type="checkbox"/> Ringing in ears | <input type="checkbox"/> Sleeping problems      | <input type="checkbox"/> Neck/back pains       |
| <input type="checkbox"/> Asthma          | <input type="checkbox"/> Allergies              | <input type="checkbox"/> Shoulder pains        |
| <input type="checkbox"/> Hyperactivity   | <input type="checkbox"/> Stomach problems       | <input type="checkbox"/> Growing Pains         |
| <input type="checkbox"/> Fatigue         | <input type="checkbox"/> Weight gain/loss       | <input type="checkbox"/> Other _____           |

Please explain any of the above: \_\_\_\_\_  
\_\_\_\_\_

**8. Which of the problems you have checked off is the worst?** \_\_\_\_\_

Is this problem: (circle one):      Constant,      Intermittent,      Occasional,      Cyclic  
How long has it persisted? \_\_\_\_\_  
When it is at its worst, how does it make your child feel? \_\_\_\_\_  
What have you done about it that has NOT worked? \_\_\_\_\_  
What makes it worse? \_\_\_\_\_

**9. What effect does this problem have on your child's body functions?** \_\_\_\_\_  
\_\_\_\_\_

Does it have any effect on his/her participation in daily activities?  Yes  No If yes, please explain:  
\_\_\_\_\_

**10. Describe any hospital stays:** \_\_\_\_\_

**11. Approximately how many times have antibiotics been prescribed and for what conditions?**  
\_\_\_\_\_

**12. List any medications your child is currently taking:** \_\_\_\_\_  
\_\_\_\_\_

**13. To summarize, what is your purpose for this appointment?** \_\_\_\_\_  
\_\_\_\_\_

**14. Is there anything else you feel we should know?** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Name of parent or guardian: \_\_\_\_\_ Date: \_\_\_\_\_  
Signature of parent or guardian: \_\_\_\_\_





5072 W. Plano Pkwy Plano, TX 75093 972-200-5009

### RELEASE AND CONSENTS

#### AUTHORIZATION FOR DIAGNOSIS AND TREATMENT

I authorize Drs. Steven and Laura Le, DC and whomever they may designate as their assistants to administer diagnosis and treatment. I also authorize the provider to release any information required to process insurance claims.

Signature of Responsible Person: \_\_\_\_\_

Relationship of responsible person: \_\_\_\_\_

#### CONSENT TO X-RAY EXAMINATIONS

If and when deemed necessary, I do hereby consent to x-ray examination.

Females: I will notify the doctors if I believe that I could be pregnant so that the proper precautions will be taken.  
Last Menstrual Period Date \_\_\_\_\_

Signature of Responsible Person: \_\_\_\_\_ Date: \_\_\_\_\_

#### AUTHORIZATION TO TREAT A MINOR CHILD

I hereby authorize Drs. Steven and Laura Le, licensed Doctors of Chiropractic in the state of Texas, to administer treatment as deemed necessary to my Son/Daughter/Other: \_\_\_\_\_

Child's Name: \_\_\_\_\_

Signature of Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

#### Worker's Compensation and Personal Injury:

##### INSURANCE ASSIGNMENT OF BENEFITS

I hereby instruct and direct my personal injury protection carrier and/or my auto insurance carrier and any liability carriers of any and all person(s) at fault of my injuries, and my attorney to DIRECTLY pay in full to Best Life Chiropractic and Wellness Center, LLC under current insurance policy as payment towards the total charges for the services rendered to me. This is a direct assignment of my rights and benefits under my policy. I further direct my personal injury protection carrier and all other insurance companies involved, to pay Stone Best Life Chiropractic and Wellness Center, LLC directly, overriding any and all powers of attorney which may have been or may be submitted by my attorney. A photocopy of this assignment shall be considered as claims paid, to my insurance companies and/or my attorney.

I have read, understand, and agree to this information:

Signature of Responsible Person: \_\_\_\_\_ Date: \_\_\_\_\_

Witness: \_\_\_\_\_



---

## **NOTICE OF PRIVACY PRACTICES**

Effective April 14, 2003

Best Life Chiropractic and Wellness Center is committed to protecting your personal health information. Personal health information may include such items as: medical notes from your doctor, a claim from your provider listing your diagnosis, a medical treatment that you received, or laboratory/diagnostic test results. This notice about protecting your health information is required by law. It tells you about your rights and how we use and disclose your health information.

### **YOUR HEALTH INFORMATION RIGHTS**

- Request a restriction on certain uses and disclosures of your health information; however, we are not required to approve your request.
- Request that we notify you about your health information in a way or at a location that will help you keep your information confidential.
- Receive a list of disclosures we have made of your health information.
- In writing at any time, withdraw your permission for us to disclose your health information, except for the information that we disclose before you stopped your permission.
- Review and obtain a copy of your own health information.
- Ask us to change your health information if you believe it is incorrect or incomplete. We may deny your request and, if so, will give you the reason(s) why the request was denied.
- Receive a paper or electronic copy of this Notice of Privacy Practices upon request.

### **HOW BEST LIFE CHIROPRACTIC AND WELLNESS CENTER MAY USE OR DISCLOSE YOUR HEALTH INFORMATION**

**FOR TREATMENT:** We may use and disclose your health information to a physician or other healthcare provider providing treatment to you.

**PAYMENT:** We may use and disclose your health information to obtain payment for services we provided to you.

**HEALTHCARE OPERATIONS:** We may use and disclose your health information in connection with chiropractic operations, including quality assessment and improvement activities, reviewing the competence or qualifications of healthcare professionals, evaluating practitioner performance, conducting training programs, accreditation, certification, licensing, or credentialing activities.

**REQUIREMENTS BY LAW:** We may use and disclose your health information when required to do so by law.

- To reply to proper requests for your health information from a court or other legal agency.
- To report information for public health, such as reporting victims of abuse, neglect or domestic violence or reporting to the Food and Drug Administration problems with products or reactions to medications.
- To report information for public safety, such as to prevent the spread of a serious threat to the health and safety of a particular person or the general public.
- To assist law enforcement officials, such as the police, in their law enforcement duties.
- To allow funeral directors, medical examiners, or coroners to carry out their lawful duties, such as to complete a death certificate for the state.
- To comply with laws and regulations related to Worker's Compensation.
- To allow other government agencies to provide you with benefits and services.

**HEALTH OVERSIGHT ACTIVITIES:** We may disclose your health information to government health agencies for health oversight reasons, such as program audits or licensure reviews.

**RESEARCH:** We may use your health information for approved research purposes, such as for study to cure a disease.

**SPECIAL GOVERNMENT FUNCTIONS:** We may such as protection of public officials or reporting to various branches of the armed services, may require the use or disclosure of your health information.

#### OBLIGATIONS OF BEST LIFE CHIROPRACTIC AND WELLNESS

- Maintain the privacy of your protected health information.
- Provide you with the Notice of its legal duties and privacy practices with respect to your health information.
- Obtain your written authorization to use or disclose your health information for reasons other than those listed in this Notice and permitted by law.
- Abide by the terms of this Notice that are currently in effect.
- Notify you if we are unable to agree to requested restriction on how your information is used or disclosed.
- Allow reasonable requests you may make to notify you about your health information in a way or at a location that will help you keep your health information confidential.

Best Life Chiropractic and Wellness reserves the right to change its information practices. The new provisions will be effective for all protected health information that Best Life Chiropractic and Wellness Center maintains. Revised notices will be made available to you by written notices and on the Best Life Chiropractic and Wellness website at: [www.bestlifechiro.com](http://www.bestlifechiro.com)

#### COMPLAINTS:

If you have a complaint about how Best Life Chiropractic and Wellness handles your health information, or if you otherwise believe that your privacy rights have been violated by Best Life Chiropractic and Wellness, your complaint should be directed to:

Best Life Chiropractic and Wellness Center, 5072 W. Plano Parkway, Suite 130, Plano, Texas 75093 (972) 200-5009

Attention: Privacy Contact

If you are not satisfied with the manner in which Best Life Chiropractic and Wellness handles a complaint, you may submit a formal complaint to the U.S. Secretary of Health and Human Services in Washington, D.C. There will be no retaliation by Best Life Chiropractic and Wellness if you file a complaint.