



Choose your gifts as we celebrate our 27<sup>th</sup>  
Anniversary!

Dear Friends and Patients,

During the month of March, we are offering each patient currently under care, who comes in for their treatment, one additional service per week, **free of charge**.

This is a great way for you to try some of our Wellness approaches and Alternative and Complementary Health Care techniques.

You may choose from the following list and schedule one per week, complimentary. Some of these services require more time than others, so please make sure that you do schedule so that we will have sufficient time for the services that you choose.

Please print this form out, check off the services you would be interested in receiving and bring it with you to the office so that we can make arrangements for the services that you choose to take advantage of. If you are having trouble deciding, not to worry, bring it in and our doctors and staff will help determine what you might benefit most from.

**I choose to receive the following service/s...**

**Intersegmental Traction:** A 10 minute relaxing massage-like experience. Intersegmental traction gently helps reestablish the normal ranges of the body's spine and also help facilitate muscle relaxation and reduce muscle spasms. It has been shown to greatly accelerate recovery progress from a back injury.

**Infratonic Sound Therapy:** A very comfortable 10 minute treatment using ultra-low frequency sound waves that increase microcirculation, reduce swelling, increases energy, relaxes muscle spasm, and helps those dealing with chronic pain and promotes healing from the inside out.

**MedLight PRO Pain Therapy:** A painless, pain relieving therapy utilizing near infrared energy technology applied to a point of pain in cycles of 4 minutes. Usually two cycles are used. It helps with arthritis, stiffness, joint or muscle soreness or spasm.

**AcuGraph Evaluation:** Evidence-based Acupuncture evaluation using a computerized instrument to allow us to "See the Chi" and graph out any imbalances that exist in any of the 12 basic acupuncture meridians.

**Nutrition Reflex Testing:** This quick technique using Applied Kinesiology Muscle Testing allows us to help pin-point gross nutritional imbalances and aids in finding the correct supplements that you should be taking in the appropriate doses.

**Oxygen Test and Survey:** A brief questionnaire is completed first, and then a test is done to find out if diminished levels of oxygen may be a factor affecting your health and energy levels.

**Zinc Challenge Test:** This test is done in the office to determine if

you are deficient in this very important mineral. Adequate zinc levels are essential for the healthy functioning of every cell in our bodies. Zinc is essential for growth and physical development, and for the metabolism of proteins, fats, and carbohydrates. Most aspects of reproduction in both males and females require zinc. This mineral is also vitally important to the immune system. Practically every enzyme reaction in the brain involves zinc and so does the development and function of the central nervous system.

**Body Composition Analysis:** A computerized analysis that shows your specific % Body Fat, % Muscle, amount of Visceral Fat (which is fat around the organs), as well as your Body Age, based on your personal testing. This is an invaluable service that will give you look inside your body and a good baseline as to improvements that might need to be made.

**BRT Evaluation:** Body Restoration Technique is all about finding blockages in communication. It is a method of checking all the body's pathways with an emphasis on the endocrine system's acupuncture-like points.

**Allergy/Sensitivity Testing:** A screening test of about 100 substances will be done to see if there are foods or environmental substances that are causing hypersensitive reactions by your body.

**Comprehensive Health Assessment Questionnaire:** If you are interested in some of the most advanced, cutting edge wellness and medical testing to further pinpoint health issues that might be concerning you, this evaluation is done to help locate precisely where to begin. Once results are tabulated, a complementary follow up consultation is done recommending which tests would be indicated in your case and why. Most tests recommended in this consultation will be blood tests and/or saliva testing.

Go online to our website, [www.drdurett.com](http://www.drdurett.com), Patient Forms tab, Drop Down menu to e-Metabolic Assessment form. Print out this form, answer the questionnaire, then bring the form back to the office so that we can evaluate your results.

**Personal Potential Analysis:** This service is one that will help evaluate areas of personal stress or personal strengths. It is being offered by one of our partners, The Success Center at The Woodlands Mall. Since the majority of health issues are caused by stress, sometimes helping one deal with these and handle areas of stress in one's life becomes a key part of their care.

This service involves completing a 200 question personality test which is then computer evaluated and graphed, coupled with an individual one on one consultation and interview to review the results with you, including any suggestions for areas you may wish to decrease stress or improve in your life. *This service is delivered at The Success Center.* To arrange for this, go to [www.SuccessMe.com](http://www.SuccessMe.com) and on the Services tab, click on Personal Potential Analysis, then click "click here" to download your questionnaire. Email [info@successme.com](mailto:info@successme.com) and let them know you have completed your questionnaire and are ready to schedule your consultation. This is a \$150 service that is being graciously offered to our patients at no-charge for this anniversary celebration.

### **Fun and Exciting Games and Chances to Win!**

We will have many opportunities to win exciting gifts throughout the month so make sure you are friends with us on Facebook and check your email regularly for fun and exciting anniversary games and prizes throughout the month!

**Enter the drawing for a Seven Night, 4\* HYATT RESORT VACATION of your choice valued at over \$3,000!** Don't forget to make sure you put your

name in for the drawing each time you are in the office for a treatment. You can also earn more entries **1)** each time you refer someone to us, and even more when they arrive as a new patient in our office, **2)** When you call in to answer one of our Facebook questions but do not win the daily/weekly prize, **3)** When you write a Google review for our office, **4)** When you "Check in" to our office on Facebook or Foursquare, **5)** When you write a Success Story to go into our next book being published about our patient successes here at the office.

Thank you for being the reason that we have this 27<sup>th</sup> Anniversary to Celebrate! We hope that you enjoy your gifts and the fun as we continue to strive in providing the most cutting-edge health care and assisting you with your most valuable possession, your health. And, don't forget to share the very special opportunities we have for your friends and family. You can help us change someone's life!

