



# An Idea for World Peace in 2011



Ethan Childs, DC

It is amazing how far reaching the impact of having both a clear nerve system and a healthy life style is, not only for you – but also for your family, your friends, your co-workers and - for that matter - the entire planet! The following conversation excited my family, my staff and myself so I wanted to make it available to you, my friends.

**Dr. Childs:** Does anyone know why we adjust people?

**Ledges' Staff:** To help them have a life without nerve interference, become healthier and help them reach their full potential in life.

**Dr. Childs:** Wow! Excellent answer! So, you really get the idea that health is an active journey rather than a state to arrive at, don't you?

**Ledges' Staff:** Absolutely!

**Dr. Childs:** Great! Now let's assume that our patients see an increase in their health. Let's take, for example, a man in his mid thirties. Do you think that as this happens for him that he will have more energy or less energy?

**Ledges' Staff:** Increased energy!

**Dr. Childs:** And because of that increased energy, do you think that he might be able to be a better employee, husband and dad?

**Ledges' Staff:** Yes.

**Dr. Childs:** And because of this man's increased productivity, would his company and family likely be better off?

**Ledges' Staff:** Sure.

**Dr. Childs:** And knowing that he is personally helping his company and family achieve their goals more completely; would he probably feel better about himself or worse about himself?

**Ledges' Staff:** Better!

**Dr. Childs:** And if he felt better about himself, would he likely feel more at peace or less at peace?

**Ledges' Staff:** More at peace.

**Dr. Childs:** And, with this man feeling more at peace with himself, would his interactions with his wife, kids and co-workers each day likely be more peaceful or less peaceful?

**Ledges' Staff:** More peaceful.

**Dr. Childs:** Ok, now with the communications directed at them in this peaceful way, would his kids probably feel better about themselves or worse about themselves?

**Ledges' Staff:** Much better!

**Dr. Childs:** In what way would they feel better about themselves?

**Ledges' Staff:** Well, they would have increased confidence and self-esteem.

**Dr. Childs:** That's right! And with them growing up with a higher self-esteem, would they be more likely or less likely to try things that can really make a difference in other people's lives?

**Ledges' Staff:** More likely!

**Dr. Childs:** And, having this higher self-esteem, would they tend to feel more peaceful or less peaceful?

**Ledges' Staff:** More peaceful!

**Dr. Childs:** So, if our practice was filled with people whose families were experiencing this same process of feeling better and more peaceful about themselves because of the adjustments they receive and because of the healthier lifestyle choices they make, would the effect on our community be one of creating less peace or more peace?

**Ledges' Staff:** More peace, absolutely!

**Dr. Childs:** And if our whole country were filled with families who were experiencing this same thing, would our country be less peaceful or more peaceful?

**Ledges' Staff:** More peaceful.

**Dr. Childs:** Let's think about this. What would the effect on the world be if every country were filled with people more fully expressing their health and lives because they had clear nerve systems and healthy lifestyles? Would there be more peace or less peace in the world?

**Ledges' Staff:** More peace in the world.

**Dr. Childs:** Okay, I began this by asking you why we adjust people, and you gave me an awesome answer. But knowing what you know now, having gone through what we just have, let me ask you again... why do we adjust people?

**Ledges' Staff:** Wow...to increase world peace...to increase WORLD PEACE!

"How important is it for each of us to be happy and healthy? How far does your influence reach without your knowledge?"

Dr. B. J. Palmer once said, "You never know how far reaching something you may think, say or do today will affect the lives of millions tomorrow."

Remember this the next time you find it difficult to make a healthy lifestyle choice, but add just one word; "You never know how far reaching something you DON'T think, say or do today will affect the lives of millions tomorrow." Remember, everything you do or don't do starts a ripple effect that spreads out across our world, and every single ripple counts! Decide today to make each and every one of your ripples count the way you want them to." Kevin Donka, DC

I wish all of you and your families a happy and healthy 2011!!

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