



The Beverage Dilemma!



Ethan Childs, DC

We are the only animals in nature that drink anything other than water once we are weaned off of mother's milk. From toddlers to teens we need to be concerned about what choices our children make regarding their thirst.

Did you know that researchers at the University of Maryland found that Sports Drinks caused 11 times more damage to tooth enamel than any other refreshment?

Did you know that up to 13% of the average teens caloric intake comes from sugary beverages?

Dr. Melissa Marshall, D.C. will be joining me on Tuesday April 19th at 6:00pm for a presentation on the Beverage Dilemma. She will be discussing the affects of Sports Drinks, Energy Drinks, Soft Drinks (Pop) and even juice.

**Please call ahead to schedule due to limited seating
517-627-7070.**

Ledges Chiropractic Center

Dr. Ethan H. Childs, Chiropractor
229 N. Bridge Street • Grand Ledge, MI 48837

517-627-7070

www.ledgeschiropractic.com